**FILE: JLCC-E**

**HEAD LICE TREATMENT PLAN**

# Treating Hair

* Wash your child’s hair with a shampoo that does **not** contain conditioners.
* Apply a lice-killing shampoo to your child’s head. Use enough shampoo to soak the hair and cover the scalp.
* Towel off excess water.
* Leave the lice-killing shampoo on for the specified time, e.g. NIX for ten (10) minutes, RID for ten (10) minutes, or Lindane for four (4) minutes. Lice killing shampoos are effective for live lice only. Once the child has been treated with lice shampoo and live lice are no longer present, the nits (eggs) can be more easily removed with a treatment of Dawn dish detergent which should be lathered and kept on the hair for ten (10) minutes, rinsed thoroughly, and combed with the special nit comb.
* Rinse your child’s head with warm water until the water runs clear.
* Comb your child’s hair with the nit comb provided in the shampoo kit in order to remove nits from the hair shaft. Part your child’s hair into sections, and comb through one-inch sections using the nit comb to remove all the nits.
* Recheck your child’s entire head for nits and repeat the combing process, if necessary, until all nits are removed.

# Cleansing Personal Items

* Machine-wash in **warm or hot** water all clothes worn by your child in the past forty-eight (48) hours, including all hats, scarves, and coats. Also wash in warm or hot water all towels and bed linens used by your child in the past forty-eight (48) hours.
* Dry the above referenced items on the **hot** cycle of a dryer for a minimum of twenty (20) minutes.
* Wash all combs, brushes, headbands, barrettes, etc., used by your child in the past forty-eight (48) hours in hot soapy water for five (5) to ten (10) minutes.
* Vacuum rooms used by your child and others who have been treated for lice.
* Stuffed animals and similar non-washable items need to be sealed in plastic bags for a minimum of one week.

# Checking all Family Members

Check the heads of all other family members, and treat infected members as indicated above.